



**ASAG**  
ALTA SCUOLA DI PSICOLOGIA  
AGOSTINO GEMELLI

# Immersion course in Therapeutic Assessment with adult clients

## Essential concepts and skills training

**Tuesday, June 26 - Saturday, June 30, 2018**

Massa Carrara, Italy



UNIVERSITÀ  
CATTOLICA  
del Sacro Cuore

## Program and objectives

This training week is designed for individuals who wish to gain in-depth knowledge about Therapeutic Assessment with adult clients. The training is a recommended step for clinicians wanting to achieve certification in Therapeutic Assessment with adults. Dr. Finn and his colleagues will lecture on the essential concepts and skills involved in Therapeutic Assessment of adults. Then participants will view video examples presented by members of the Therapeutic Assessment Institute that illustrate each step in a Therapeutic Assessment with adults: Initial Sessions, Standardized Test Administration, the Extended Inquiry, Assessment Intervention Sessions, Summary/ Discussion Sessions, and Follow-up Sessions. Following each didactic portion, attendees will participate in structured role plays during which they will practice the essential skills of Therapeutic Assessment with guidance from the workshop faculty.

All lectures will be given in English and Italian. Videotapes will be subtitled into Italian or English, and role-play groups will be in English or Italian.

At the end of the workshop, participants will be able to:

- discuss the concepts of self-verification and disintegration anxiety and how they apply to psychological assessment
- assist clients in forming questions during the initial sessions of a psychological assessment
- conduct an extended inquiry following a standardized administration of various psychological tests
- plan and conduct an assessment intervention session
- plan and conduct a summary/discussion session
- describe client-friendly forms of written assessment feedback
- conduct an assessment follow-up session

For updated information on the Immersion course see: <http://asag.unicatt.it/>

## Schedule

Tuesday and Thursday: 8:30-16; Wednesday and Friday: 8:30-13:30; Saturday 8:30-12:30.

## Continuing education credit

This workshop qualifies for 29,5 hours of continuing education credits. Because of the international nature of the workshop, various agencies are in the process of certifying the workshop for continuing education credits.

For psychologists from the USA, the Society for Personality Assessment is a co-sponsor and is approved by the American Psychological Association to sponsor continuing education for psychologists. SPA maintains responsibility for the program and its content.

For Italy, the Ministry of Health will provide credits for psychologists, neuropsychiatrists and psychiatrists.

For psychologists from Sweden, this training is under consideration to be a specialization course. For the Netherlands, formal CE credits have been requested.

## Prerequisite training

This workshop is open to mental health professionals and advanced graduate students. Participants should have previous basic training in psychological testing and will be provided with readings prior to the workshop to help them prepare. Professionals with previous training and experience in Therapeutic Assessment are also encouraged to attend, as the most current information and techniques will be presented in this training.

# The lead presenter

**Stephen E. Finn**, Ph.D., *President of the Therapeutic Assessment Institute, is a licensed psychologist in Austin, Texas (USA) and Clinical Associate Professor of Psychology at the University of Texas at Austin. He is the Director of Training at the European Center for TA at Catholic University of Milan, Italy and of the Asian-Pacific Center for TA in Tokyo, Japan. Dr. Finn is the author of many articles, chapters, and several books on Therapeutic Assessment, psychodiagnosis, and other topics in clinical psychology. In 2011 Dr. Finn was awarded the Bruno Klopfer Award from the Society for Personality Assessment for distinguished lifetime contributions to personality assessment, and in 2017 he received the award for Distinguished Scientific Contributions to Assessment Psychology from Section IX of the Society for Clinical Psychology (Division 12 of the American Psychological Association). Also, Dr. Finn is the announced recipient of the 2018 Carl Rogers Award for outstanding contribution to the theory and practice of humanistic psychology from the Society for Humanistic Psychology (Division 32 of the American Psychological Association).*

## Faculty

**Stephen E. Finn**, Center for Therapeutic Assessment, Austin, Texas

**Filippo Aschieri**, Università Cattolica del Sacro Cuore, Italy

**Hilde De Saeger**, De Viersprong Clinic, Bergen op Zoom

**Francesca Fantini**, Università Cattolica del Sacro Cuore, Italy

**Jan H. Kamphuis**, University of Amsterdam

**Lena Lillieroth**, Private practice, Stockholm

**Pamela Schaber**, Center for Therapeutic Assessment, Austin, Texas

## Therapeutic Assessment

**Therapeutic Assessment** is a semi-structured form of collaborative psychological assessment developed by Stephen Finn and his colleagues at the Center for Therapeutic Assessment in Austin, Texas. Therapeutic Assessment can be used for many of the same purposes as traditional psychological assessment: diagnostic clarification, treatment planning, and treatment evaluation. However, in addition, research has shown that Therapeutic Assessment can be a powerful therapeutic intervention for clients and their families, reducing symptomatology, increasing self-esteem and self-compassion, and promoting positive relationships between family members. Therapeutic Assessment also can enhance subsequent clinical interventions, increasing therapeutic alliance and compliance with treatment recommendations. A recent independent meta-analysis of this research concluded: "Clinicians should ... seek out continuing education training related to these models [of therapeutic and collaborative assessment]. Those who engage in assessment and testing as usual may miss out, it seems, on a golden opportunity to effect client change and enhance clinically important treatment processes. Similarly, applied training programs in clinical, counseling, and school psychology should incorporate therapeutic models of assessment into their curricula, foundational didactic classes, and practice" (Poston & Hanson, 2010, p. 210).

## Registration & payment information

### Registration fee

€ 1.080,00 Early registration, completed and paid by March 30

€ 1.180,00 Normal registration, completed and paid by April 27

€ 1.280,00 Late registration, completed and paid on or after April 28

Registration fee covers materials, lodging (including breakfast and lunch) from June 25 (Monday) through the morning of June 30 (Saturday).

### **Additional lodging**

Each adult guest in the same room: € 56,00 per night

Each child older than 2 years in the same room: € 36,00 per night (Children under the age of 2 in the same room are free)

Guests in separate rooms: € 66,00 per night

To register and pay, please use the following link: [http://www.unicatt.it/iscrizioneonline-eventi/default.asp?idpagam=4593&pk1\\_evento=12696&per\\_studenti\\_UC=1;1;0;0](http://www.unicatt.it/iscrizioneonline-eventi/default.asp?idpagam=4593&pk1_evento=12696&per_studenti_UC=1;1;0;0)

The final deadline for registration is June 1, 2018.

We reserve the right to deny participation to any applicant or to cancel the workshop for any reason. If you cancel and notify us before June 1st, you will receive a full refund of your fee. Cancellations between June 1st and June 21 qualify for a 50% refund. Due to the limited number of workshop spaces, if you cancel for any reason after June 21, 2018, none of your registration fee will be refunded.

The course attendance is limited to 40 participants.

You will be sent a verification of your registration. If you have questions, or wish to discuss whether the workshop will fit your needs, please email:

**Stephen Finn** (US) at [sefinn@mail.utexas.edu](mailto:sefinn@mail.utexas.edu)

**Filippo Aschieri** (ITA) at [filippo.aschieri@unicatt.it](mailto:filippo.aschieri@unicatt.it)

**Hilde De Saeger** (NL/BE) at [hilde.de.saeger@deviersprong.nl](mailto:hilde.de.saeger@deviersprong.nl)

**Lena Lillieroth** (SE) at [llillieroth@gmail.com](mailto:llillieroth@gmail.com)

**The Therapeutic Assessment Institute offers two Constance T. Fischer Scholarships (1.080 euros each) to cover the registration fees. The scholarships are available to young professionals from around the world interested in learning about Therapeutic Assessment. Interested students should write to [segreteria.ceat@unicatt.it](mailto:segreteria.ceat@unicatt.it) and will receive the application documents.**

### **THE EUROPEAN CENTER FOR THERAPEUTIC ASSESSMENT (ECTA)**

The ECTA was founded in June 2010 under the auspices of the Alta Scuola di Psicologia "A. Gemelli" at Catholic University of the Sacred Heart in Milan. The ECTA is a center for training, research and clinical practice, whose goal is to promote Therapeutic Assessment in Europe.

### **THE THERAPEUTIC ASSESSMENT INSTITUTE (TAI)**

The TAI was formed in 2009 to promote and coordinate training in Therapeutic Assessment. The members of the TAI are psychologists from varied backgrounds, who have studied and practiced Therapeutic Assessment in a variety of settings. The TAI supervises certification in Therapeutic Assessment. Currently there are TAI members in Belgium, France, Italy, Japan, the Netherlands, Sweden and the United States.

*For more information, visit: [www.therapeuticassessment.com](http://www.therapeuticassessment.com)*

### **THE GRADUATE SCHOOL OF PSYCHOLOGY "AGOSTINO GEMELLI" (ASAG)**

The ASAG, founded by the Università Cattolica del Sacro Cuore, aims to promote an excellence professional education in applicative psychology disciplines. In particular, it promotes II level masters, also developing networks with international universities and partnerships with highly qualified organizations and centers. In order to reach its aims, the ASAG develops partnerships with Professional Associations, regional and national training Agencies, Departments and Centers.

*For more information, <http://asag.unicatt.it>*

## Location

The workshop will take place at the Casa per Ferie Sacro Cuore, a private conference center in Marina di Massa, a small village on the west coast of Tuscany ([www.casaperferiesacrocuore.it](http://www.casaperferiesacrocuore.it)). The residence has a private beach, where guests will find umbrellas, seats and lounge chairs. Marina di Massa is strategically located close to Lucca, Pisa, Massa Carrara (marble caves), Florence and Cinque Terre. Buffet breakfasts and lunches will be provided to participants.

Special diets can be accommodated upon request. Workshop participants can fly to either Milan (276 km), Florence (120 km), or Pisa (60 km) and take the train to Massa or rent a car to come to conference site. Those arriving by train can arrange to be picked up at the train station for a small fee.



## Housing

Housing (single/double) with half-board (breakfast and lunch) is included in the registration fee. Once you have decided your selected room type, please send an email to [segreteria.ceat@unicatt.it](mailto:segreteria.ceat@unicatt.it) confirming single or double room, additional guest's name (if any), and your arrival and departure dates. Attendees wishing to arrive early or stay late may do so for an additional fee. Guests and family members of workshop attendees are welcome to stay at the training site during the workshop and to join us on the optional excursions. The fees for additional guests are indicated on the reverse (See Additional Lodging).

## Optional excursions

We are organizing four optional excursions for participants attending the workshop and their guests. Once you have registered for the workshop, you will receive information on the excursions and be asked to choose any, all, or none of them and to pay the additional fees. All participants to the workshop have free access to the private beach of the Casa per Ferie (see, Location). The dates and locations are:

### Wednesday, June 27, Pisa

Pisa is a perfect town for a half-day visit. All its most important treasures are within walking distance, and visitors can grasp how the fundamentals of Romanesque architecture morphed into the Renaissance in Tuscany, and from there, to the rest of Europe. Known worldwide for its leaning tower, Pisa was one of the four main historical Maritime Republics of Italy, along with Venice, Genoa, and Naples. The main tourist attraction is the Miracle Square, site of the leaning tower (built over 199 years, starting in 1173 and finishing in 1372), and also of an historic Medieval architectural complex that comprises the famous Duomo, the Baptistry, and the Graveyard.



### Friday, June 29, Cinque Terre

"The Five Lands" is composed of five villages: Monterosso al Mare, Vernazza, Corniglia, Manarola and Riomaggiore. The coastline, the five villages, and the surrounding hillsides are all part of the Cinque Terre National Park, which is a UNESCO World Heritage Site. Over the centuries, people have carefully built terraces on the rugged, steep landscape right up to the cliffs that overlook the sea. Part of its charm is the lack of visible corporate

development. Paths, trains and boats connect the villages, and cars cannot reach them from the outside. Visiting Cinque Terre provides a deep experience of a unique natural environment, ancient agricultural and fishermen's ways of life, and traditional Italian food from the seaside. Anchovies, pesto, focaccia, and farinata are some of the regional specialties that visitors can enjoy.

### Sunday, July 1<sup>st</sup>, Lucca

Lucca is one of the cities most loved in all of Tuscany, a classic stop that can't be missed in exploring the region. Most of the attractions in Lucca today show its ancient history: from the trace of the Roman amphitheater that can be seen in the shape of the Piazza dell'Anfiteatro to the archeological remains under the 12th century church of Saints Giovanni and Reparata, to the various towers and villas from the 12th to 16th centuries. As the city was grew and was modernized, the walls that surrounded the old town were maintained and the top of the walls became a pedestrian promenade, today one of Lucca's main attractions. Other top attractions include the Piazza of San Michele with its beautiful Church of San Michele in Foro, the Basilica of San Frediano, as well as the Clock Tower and Guinigi Tower, to name just a few.

